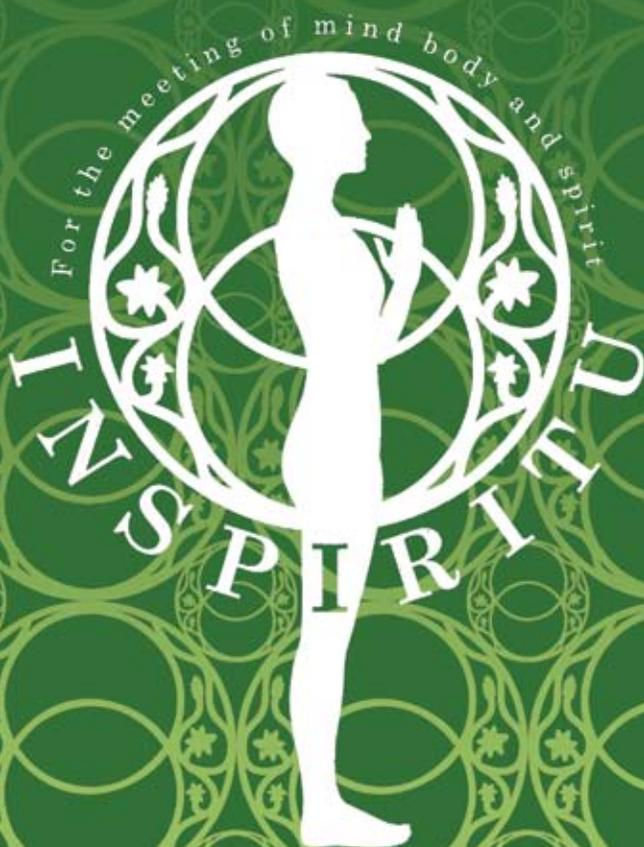


THE SOPHIA INSTITUTE

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2009 Program

PRESENTERS IN CHARLESTON, SOUTH CAROLINA

Natalie Goldberg • Lee Irwin • Jean Shinoda Bolen • Jean Houston • Joan Borysenko
Rick Brown • David Whyte • Carolyn Rivers • Henk Brandt • Nancy Qualls-Corbett • Ann Igoe
Eliza Ingle • Helen LaKelly Hunt • Jacqueline Kabat • Marianne Williamson • Mark Nepo
Daryn Kagan • Gloria Karpinski • Sera Beak • Velcrow Ripper • Maureen Murdock
Erica Fox • Sue Monk Kidd • Susan Hull Walker • Ileana Shaner • Stepheany Robinson

THE SOPHIA INSTITUTE

26 Society and 297 East Bay Streets • Charleston, SC 29401
843.720.8528 • www.TheSophiaInstitute.org

Learning Holidays • Personal Retreats • Yoga

FROM THE FOUNDER



Carolyn Rivers

DEAR FRIENDS,

We are living in potent times, full of challenge and also of opportunity. It may be that the big heart of the world is cracking open before us, shifting everything with it, directing us into a whole new way of living and being in the world that honors the oneness of all things and brings the sacred back to the center of life.

Central to the work of The Sophia Institute is the belief that we are living in a time of great evolutionary shift guided by Divine Wisdom, when the feminine impulse is beginning to come into balance with the masculine and bringing with it a radical wisdom of the heart. Old patterns that no longer serve us, patterns of domination, aggression and control, are beginning to be transformed within ourselves and in our social structures. New ones that are centered on integration, wholeness, oneness, collaboration, sustainability and peace are now emerging. As His Holiness the Dalai Lama and the Nobel Peace Laureates have noted, "Educating the intellect alone is a prescription for disaster. We must also be educating the heart." Doing so is central to the vision of The Sophia Institute.

We believe that community and global transformation often arises out of individual transformation. We seek out leading-edge visionaries and thinkers whose work reflect this vision and bring them to The Sophia Institute to lead retreats, workshops, lectures, and other special events. Their messages of wisdom, healing, integration, oneness, sustainability, peace, and the conscious feminine and masculine herald the arrival of new paradigms and fresh perspectives at that moment in our history when they are needed most.

Sue Monk Kidd, our writer-in-residence, said recently in a talk she gave at The Sophia Institute, "There is a new spiritual consciousness breaking into the world. We could call it a Feminine consciousness, even a Sacred Feminine consciousness. It has the potential to bring healing, balance and a new paradigm of wholeness. It has the potential to do something that has never been done before: To open the immense common heart of the world. The particular genius of the Sacred Feminine is in its valuing of the wisdom of the heart, of interdependence, empathy, relational thinking, compassionate community, intuitive intelligence, peace, creativity, and the sacredness of the earth."

We invite you to bring your curiosity, wisdom, passion for life and growth to our gatherings. As Einstein said, "The mindset that created the problem is not the mindset that will solve it." We are cultivating a new mindset, one that is wisdom based and found in the hearts of women and men alike. We agree with Jean Shinoda Bolen on our National Advisory Board that "when a critical number of people change how they think and behave, the culture will also, and a new era begins."

The Sophia Institute envisions a world that could be called a wisdom society, a 21st century that could be called The Sophia Century: a conscious enlightened world, a compassionate, global community, where wholeness, oneness, sustainability, the conscious heart, deep wisdom, and the sacred are at the center of life.

As we face new challenges in a world in transformation, please join us as together we can create a more conscious and enlightened world, a world that expresses the vastness of the human spirit.

Blessings,
Carolyn Rivers



FROM OUR WRITER-IN-RESIDENCE

"The Sophia Institute is a unique and heartfelt presence in Charleston, beautifully evoking the spirit, dream, and aesthetic of the creative person. For the artist – and we are all artists in our own way – resonant places such as The Sophia Institute are graceful and sacred necessities, pointing us to the life of the soul." **Sue Monk Kidd**, Author of *The Mermaid Chair*, *The Secret Life of Bees*, *The Dance of the Dissident Daughter*, and *First Light*.



FROM OUR ARTIST-IN-RESIDENCE

"At the Sophia Institute, where the soul is fed and the world re-imagined, art cannot help but emerge. Poetry and music, story and eloquence, visual grace – all find a home here. And where the imagination flourishes, where people take up their deepest callings and engage their world: there is hope. To be Artist in Residence is to be witness to this creative blaze illuminating our dark times, and with many others, to throw my fuel upon the fire."

Susan Hull Walker, Textile Artist

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DR. LEE IRWIN AND CAROLYN RIVERS

Sophia's Mysteries

January 3: Saturday • 10 AM - 5 PM

Tuition: \$45 by December 15 - \$60 thereafter

Join us as we explore the divine nature of Sophia and her mysteries. We will explore the legends and mythology, sacred teachings, art and poetry celebrating the Divine Sophia and the Wisdom that directs us into our hearts. We will delve into the mystery traditions of Isis and Demeter and the later emergence of Sophia in early Christianity and in more contemporary times. We will contemplate images of Sophia through the visions of Hildegard of Bingen. And, we will explore the connection of Sophia and our emerging world consciousness. In this workshop there will be time for meditation and practice, cultivating mystical awareness, connection, inspiration and revelation.

Lee Irwin, Ph.D. has had a life-long interest in religion, spirituality, and comparative phenomenology of religious experiences. Dr. Irwin has studied and taught the history, beliefs, and practices of all world religions for over twenty years. His most recent research and publication has been in the area of Western Esotericism and contemporary Gnostic and Hermetic spirituality. Dr. Irwin is the author of such books as *Visionary Worlds: The Making and Unmaking of Reality*, *Awakening to Spirit: On Life, Illumination, and Being* and *The Gnostic Tarot: Mandalas for Spiritual Transformation*. He is currently the Chair of the Religious Studies Department at the College of Charleston.

Founder of The Sophia Institute, Carolyn Rivers is a teacher, spiritual mentor, and personal/professional coach who guides individuals in their journey of transformation, identifying and following their heart callings. Using a holistic approach, she assists them in following their inner guidance, knowings and synchronicities that direct them to their dreams and life's purpose, moving into a state of clarity and authenticity. Also, she offers coaching and spiritual mentoring as a follow up to sustain and deepen the work begun in the programs at The Sophia Institute. Carolyn has done professional study with most of the faculty of The Sophia Institute and knows firsthand the authenticity and profound nature of their work. Carolyn holds a Master's degree in counseling.



DARYN KAGAN

The Power of Making a Difference

January 15 • Thursday 7 PM

Tuition: \$20 in advance ~ \$30 at the door

Co-Sponsored by the Center for Women and the Women and Gender Studies at College of Charleston

Inspirational journalist Daryn Kagan shows us the time to make a difference in the world is right now. Traditional news blares economic disaster and distressing situations around the world. Meanwhile, the hunger to matter and make a difference in the world still burns inside so many of us. Daryn shows how the time has never been better to take that leap. She reports from the front lines of people making a difference all over the world, including many who started without a penny in their pocket and she'll show you how you can do the same.

Daryn Kagan is the creator and host of DarynKagan.com, an inspirational online community that features a daily Web cast of stories that, "Show the World What is Possible." DarynKagan.com has become a daily destination for thousands of Internet users who seek news stories that inspire. Launched in November 2006, the *Atlanta Journal Constitution* described DarynKagan.com as "a lively gathering spot," while the *Boston Globe* noted DarynKagan.com is "bucking the media tide," with its "emphasis on stories that illustrate the triumph of the human spirit. Daryn's first book, *What's Possible! 50 Real People Who Dared to Dream They Could Make a Difference*, was published by Meredith Books in April 2008. Her second documentary, *Solartown USA*, will air on PBS in Winter 2009. Her first PBS news documentary, *Breaking The Curse*, debuted in June 2007. Before heading into cyberspace, Daryn anchored both news and sports for CNN.



CAROLYN RIVERS

Heart Callings

January 16: Friday • 10 AM - 5 PM

Tuition: \$95 by January 5 ~ \$125 thereafter

Most people carry an unrealized potential inside, a buried longing, an undeveloped heart calling or some other vision for growth and well-being, which needs to be brought forth. It might be the need to change careers, express a creative gift, regenerate a relationship, find a path through a thorny problem, institute a healthier lifestyle or initiate a spiritual practice. This workshop will guide us into calling forth a vision that emerges from your Self. Please bring a vision, longing or urging you're working on. We will develop it and create a plan of action. An opportunity to join a follow-up coaching group is offered.

Carolyn Rivers: Please see biography above.

PERSONAL RETREATS can be held anytime or can be centered on one of our sponsored events. Take time to process your work before returning to the demands of everyday life. Join us for a few days, a week or more.

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JANUARY ~ continued



HENK BRANDT

The Path of the Conscious Heart II

January 17: Saturday • 1-4 PM

Tuition: \$45 by January 5 ~ \$60 thereafter

In today's stressful and complicated world, it's easy to be out of alignment with the Self, the inner Divinity that bundles our consciousness in such a way that our dreams, instincts, body messages, disowned parts, libido and archetypes are accessible to us for our development. According to this view, pain and suffering serve to identify the obstacles that are blocking our growth. When we feel stuck in our lives, we need to Go Deep and Open. By going deep and opening we gain the insights needed to unfold the bodhichitta, the Big-Mind and Big-Heart necessary to re-frame our problems in a much larger, more truthful perspective. This process becomes a healing-field and also a new way of living. Along this Path, we gain a deep sense of purpose and become dedicated to awakening the Conscious Heart, bringing peace to ourselves and to the world.

Between 1971 and 1996, I had the great blessing of being the student of two Masters of meditation and Self-realization. My Path has led me to study in India, South-East Asia, various locations in Europe, and at centers here in the USA. Awakening the Conscious Heart is the cornerstone of my work, which is predicated on our capacity to unfold simultaneously in the direction of Ultimate Reality and Wholeness." —Henk Brandt



NATALIE GOLDBERG

Old Friend from Faraway: A Memoir Writing Workshop

January 23-24: Friday • 6:30 PM and Saturday • 9:30 AM-5 PM

Tuition: \$250 before December 30 ~ \$295 thereafter

Evening Lecture: 6:30 PM • \$25 in advance; \$35 at the door

Natalie Goldberg's book *Writing Down the Bones* not only sold over a million copies, it also launched a revolution in the way people practice writing today. Spend a weekend with this talented author and teacher, exploring what it means to remember and write about your own life.

Much of how we live is based on memory. This workshop examines how memories are called forth, and how thought forms the past. We'll use this for the purpose of writing and for the study of memoir, calling up old shoes, past loves, the way the moon looked 20 years ago in Paris or Newark. We will also do slow, meditative walking to help bring us into the present moment, which is the only place where we can find the past. In addition, we will do timed writing exercises in class and in small out-of-class groups, and practice short meditations. Come prepared to write and to listen deeply to yourself and others.

Recommended reading: Natalie Goldberg, *Writing Down the Bones: Freeing the Writer Within*.

Natalie Goldberg is an author, poet, teacher, and painter. She has written 11 books including the classic *Writing Down the Bones: Freeing the Writer Within*, which has been translated into 14 languages. Her most recent book, highly acclaimed, is *Old Friend from Faraway*. People from around the world attend her life-changing workshops and retreats, and she has the reputation of being a great teacher. With filmmaker Mary Feidt, she completed the documentary *Tangled Up In Bob*, about Bob Dylan's childhood on the Iron Range in northern Minnesota. Her lively paintings can be viewed at the Ernesto Mayans Gallery in Santa Fe. www.nataliegoldberg.com

FEBRUARY



JEAN SHINODA BOLEN, M.D.

Heeding the Feminine Principle: Healing Psyche and Planet

February 6-8: Friday 6:30 PM • Saturday 9:30 AM - 5:30 PM • Sunday 9 - 11:30 AM

Tuition: \$195 by December 30 ~ \$250 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

Heeding the Feminine Principle begins with love for what is endangered, hurt, or neglected. It is a heart response to nurture and protect those who are vulnerable. It can be fierce as Mother Bear outrage. It can be symbolized by archetypal feminine figures such as Artemis, the Greek goddess who came to the aid of her mother and vulnerable women. Or represented by the Tibetan image of the green Tara, as compassionate and enlightened activity in the world, or by the Hindu goddess Durga or the ancient Egyptian goddess Sekhmet who has the head of a lioness and the body of a woman. Men as well as women act from the feminine principle. Male leaders such as the Dalai Lama and Nelson Mandela exemplify such men.

There are archetypal underpinnings of "Anything we love can be saved" activism. Jean is a message carrier, who

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BOOKS AVAILABLE for purchase and autographing.

has been seeding circles with a sacred center, speaking for the need for a UN 5th Women's World Conference and a tipping point that can come about through a critical mass of women and exceptional men. A critical mass is needed to bring about full partnership between men and women, and between masculine and feminine principles. In this workshop, there will be time for reflection, guided meditation, and stories including revisiting the Grail Legend.

Jean Shinoda Bolen, M. D. is a psychiatrist, Jungian analyst, clinical professor of psychiatry at the University of California San Francisco, a Distinguished Life Fellow of the American Psychiatric Association and recipient of the Institute for Health and Healing's "Pioneers in Art, Science, and the Soul of Healing Award". She is a former board member of the Ms. Foundation for Women, and an internationally known speaker and author of *The Tao of Psychology*, *Goddesses in Everywoman*, *Gods in Everyman*, *Ring of Power*, *Crossing to Avalon*, *Close to the Bone*, *The Millionth Circle*, *Goddesses in Older Women*, *Crones Don't Whine*, and *Urgent Message From Mother*. www.jeanshinodabolen.com

THE SOPHIA INSTITUTE PRESENTS A VERY SPECIAL EVENT

A CONVOCATION OF LEADING EDGE VISIONARIES AND TEACHERS

A WISDOM GATHERING

Attending to the great Heart of the World



*Please see our website
for more details as
they develop.*

Featuring JEAN HOUSTON, JOAN BORYSENKO, BONNIE MYOTAI TREACE, JIM GARRISON AND OTHERS

February 20-22, 2009 - Charleston, SC

Tuition: \$295 by January 5 - \$350 thereafter

Evening Lecture: 6:30 PM • Tuition: To be determined

These times are extraordinary times, potent and complex, and yet full of possibility. They are calling forth much within us, a new consciousness, one that is wisdom-based and found in the hearts of women and men alike. It is a Feminine consciousness that brings forth much healing and wholeness, peace, interdependence and oneness, compassion, and a valuing of the sacredness of the earth. It can attune us to what we already know inside, to a guidance that continually sources us with new possibilities and aligns us with a dynamic purpose. And, it is causing much to shift within us as individuals, in our relationships, in society at large. When His Holiness, the Dalai and the Nobel Peace Laureates were asked what one thing they think the world needs at this time, they said: "Educating the intellect alone is a prescription for disaster. We must also be educating the heart."

Join us for this important and unique gathering of leading edge visionaries and teachers, Jean Houston, Joan Borysenko, Bonnie Myotai Treace, Jim Garrison and others, as we re-imagine our lives and our work, the human condition even, in this potent time. What does it mean to integrate the Feminine and to open the great heart of the world? What does this re-balancing mean to us individually and to a society in transformation? How do we access the guidance, wisdom, and discernment to address the issues and complexities we now face and find new solutions?

Please join us for this unprecedented and exciting exploration of new ways of being that create a more conscious and enlightened world and a sustainable future for all living things.

Jean Houston is widely considered one of the greatest living teachers of our time. Her seminars are powerful and passionate adventures into whom and what we can be. They are also hilarious, filled with music, drama and brilliant, mind-quaking insights. A scholar and researcher in latent human capacities, past president of the Association for Humanistic Psychology, and the cofounder of The Foundation for Mind Research with her husband, Robert Masters, she is author of twenty-six books, including such best sellers as *The Search for the Beloved*, *The Possible Human A Mythic Life*, *A Passion for the Possible*, and *Jump Time*. She works around the world with the United Nations educating many thousands of people to be Social Artists.

Joan Borysenko, Ph.D., is trained as a medical scientist and is a licensed psychologist. She received her doctorate from the Harvard Medical School where she also completed three post-doctoral fellowships. She is the co-founder and former director of the Mind/Body clinical programs at Beth Israel/Deaconess Medical Center in Boston and a former Instructor in Medicine at Harvard Medical School. A pioneer in integrative medicine,

FEBRUARY ~ *continued*

Borysenko's work encompasses creativity, women's issues, relationship-centered healing, spirituality, and the inter-religious dialogue. Author of twelve books and numerous audiocassette programs, she also writes a monthly column, *Staying Centered*, which appears in *Prevention* magazine. Co-founder of the Claritas Institute for Interspiritual Inquiry, she directs the Interspiritual Mentor Training Program (MTP), a two-year certificate course in spiritual direction. www.joanborysenko.com.

Prior to founding Hermitage Heart, Bonnie Myotai Treace, Sensei served for many years as Vice-Abbess of Zen Mountain Monastery in Mt. Tremper, NY and in recent years as Abbess of Fire Lotus Temple in Brooklyn, NY. She received Dharma Transmission in 1996, becoming the first successor of John Daido Looi, Roshi, of the Mountains and Rivers Order. Her training has included twenty years of koan study, as well as investigation into the subtle teachings of Zen Master Dogen. Sensei has degrees in literature, and has worked as a teacher, in publishing, and held leadership positions in various women's rights and social justice organizations. Her writings are available through www.dharma.net/dchome.html. Dharma Communications and have been published in various Buddhist journals.

Dr. Jim Garrison became President and Chairman of Wisdom University on February 2, 2005. Previously, he founded and served as President of the Gorbachev Foundation/USA and the State of the World Forum, both San Francisco-based non-profit institutions created to establish a global network of leaders dedicated to creating a more sustainable global civilization. He teaches several of the core courses at Wisdom University, including *Wisdom & Civilization* and *Wisdom as a Way of Life*. Ph.D., Cambridge University M.T.S., Harvard Divinity School B.A., University of Santa Clara. <http://jimgarrisonsblog.blogspot.com>.



RICK BROWN

Getting the Love You Want: Imago Relationship Therapy

February 28-March 1: Saturday, 8:30 AM-8 PM • Sunday, 8:30 AM-6 PM

Tuition: \$695 per couple

This renowned, intensive two-day workshop for couples, married or unmarried, provides the insights and methods needed to discover the joyous, and even spiritual, potential that awaits us in a committed relationship. By learning how to transform their relationship through personal change and growth, couples often receive from this two-day workshop the benefit of three to six months of weekly couple's therapy. This workshop provides a profound benefit for couples who seek to enrich a good relationship, are beginning a relationship, are in a difficult relationship and want to resolve long-standing conflicts, and for those who are near break up or divorce and want to decide if the relationship can be saved. This workshop also provides a rare venue for therapists, counselors, clergy members and others who work with couples to gain invaluable professional skills. The workshop consists of audio-visual instructions, written exercises, guided imagery, live demonstrations of necessary communication skills and life changing processes that couples actively put into practice during the weekend. Although couples come together in a large group to hear presentations, you share only with your partner, as confidentiality and safety is maintained throughout the workshop.

Rick Brown is Executive Director of the Institute for Relationship Therapy. He offers national and international workshops and seminars for couples, as well as training for qualified therapists in the theory and practice of relationship therapy. Rick has trained hundreds of psychiatrists, psychologists, marriage and family therapists and other mental health professionals. Rick is a graduate of Florida State University, Princeton and Union Theological Seminary. He is a pastoral psychotherapist and licensed mental health counselor with over twenty-eight years of clinical experience working with individuals, couples, and families. His appearance on the Oprah Winfrey Show for his expertise in creating intimacy in even the most difficult relationships was named by Oprah as one of her Top 20 episodes. Visit www.RickBrown.org.

MARCH



CAROLYN RIVERS

Heart Callings

March 6: Friday • 10 AM - 5 PM

Tuition: \$95 by February 6 ~ \$125 thereafter

See retreat description and Carolyn's biography on page 1.



HENK BRANDT

The Possible Human II: Wholeness and Transpersonal Development

March 7: Saturday • 1-4 PM

Tuition: \$45 by February 7 ~ \$60 thereafter

This seminar continues the exploration begun in *Possible Human I*, introducing various new and exciting paradigms that are currently emerging in the collective consciousness. We will continue to examine how the traditional view of human development perpetuates the status quo and leaves us stranded mid-way on our journey. We will explore five additional levels of transpersonal development. Our discussion will also focus on the various characteristics of the possible human that are being reported by those on the edge of transpersonal development.

Henk Brandt: Please see biography on page 1.

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BOOKS AVAILABLE for purchase and autographing.



DAVID WHYTE

The Three Marriages: Work, Self and Other

March 20-22: Friday 6:30 PM • Saturday 9:30 AM - 6 PM • Sunday 9:30 AM - 12:30 PM

Tuition: \$250 by February 1 - \$295 thereafter

Evening Lecture and Reading: 6:30 PM, \$25 in advance; \$35 at the door

Each of us must sustain three marriages in our lives: The marriage with our work and society, the marriage—official or not—with our partner, and the deeper marriage with our emerging selves. To choose between these relationships is to impoverish them all. Work-life balance mean creating a real conversation, a live frontier between all three commitments that enriches each area of our lives, allowing it to be simultaneously troubled and emboldened by the others. Join David Whyte for a poetic and compelling investigation of these important commitments of a human life.

David Whyte grew up among the hills and valleys of Yorkshire, England. A captivating speaker with a compelling blend of profound poetry and insightful commentary, David Whyte is one of the few poets to take his perspectives on creativity into the field of organization development, where he works with a wide and diverse international clientele. He holds a degree in Marine Zoology, and is an Associate Fellow of the Said Business School at the University of Oxford. He has traveled extensively, including working as a naturalist guide and leading anthropological and natural history expeditions in the Galapagos, the Andes and the Himalayas. He brings this wealth of experience to his poetry, his lectures and his workshops.

David Whyte is the author of six volumes of poetry and two bestselling books of prose. His third prose book, *The Three Marriages: Reimagining Work, Self & Relationship*, will be published by Penguin Putnam in January 2009.



HELEN LAKELLY HUNT

Faith and Feminism, A Holy Alliance

March 27-29: Friday 6:30 PM • Saturday 9:30 AM - 5:30 PM • Sunday 9:30 AM

Tuition: \$195 by February 27 - \$250 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

Why do so many women of faith have such a strong aversion to feminism? And why do so many feminists have an ardent mistrust of religion? These questions are at the heart of Helen LaKelly Hunt's illuminating look at the alliance between spiritual conviction and social action. Intelligent and heartfelt, *Faith and Feminism* offers a perceptive look at the lives of five spirited and spiritual women of history, women who combined their undying faith with feminist beliefs and who made the world a better place by doing so. During this retreat our focus will be on the idea that spirituality and feminism are really different expressions of the same impulse to make life more whole. *Faith and Feminism* offers a powerful catalyst for reflecting on our sense of self—and for living and loving according to our deepest values.

Helen LaKelly Hunt has been active within the women's movement for the past eighteen years. She is founder and president of The Sister Fund, a private women's fund dedicated to the social, political, economic, and spiritual empowerment of women and girls. Committed to building society that invites the full participation of all, Helen has long recognized the need to strengthen women's rights and leadership. She sees the unearthing of women's contributions throughout the ages, within both the social and religious spheres, as being a crucial aspect to achieving justice in society. Along with her studies and activities on behalf of women and girls, Helen has co-authored seven books with her husband, Harville Hendrix, and has been instrumental in the development of Imago Relationship Therapy, which he founded.

APRIL



HENK BRANDT

Crossing Everyday Thresholds: Finding Peace

April 4: Saturday • 1-4 PM

Tuition: \$45 by March 4 - \$60 thereafter

The teachings you will encounter in this seminar were inspired by the Paramita Prajna Sutra, an ancient Sanskrit text whose title means, Teachings of Crossing the Threshold Into Wisdom. After establishing the conceptual footing, we will work our way through a step-by-step process of threshold crossing. Using everyday, practical examples, we can begin to see for ourselves how we might apply this process in a useful, hands-on way. Gaining expertise in this approach eventually leads the practitioner to develop the qualities of peace of mind and heart that constitute the first rung of authentic enlightenment. This seminar is particularly exciting for me because it is the first time I have presented this seldom taught, though hugely important, material.

Henk Brandt: Please see biography on page 1.

THE
SOPHIA INSTITUTE
Annual Fundraising
LUNCHEON

Friday • April 24th
Noon - 1 PM

Come join us for lunch and find out about the unique work of The Sophia Institute and what you can do to bring forth a more conscious, enlightened world, a compassionate global community where wholeness, integration, sustainability, the conscious heart, deep wisdom, and the sacred *feminine and masculine* are at the center of life.

If you would like information on how to become a Table Captain or to volunteer, please contact The Sophia Institute at 843.720.8528 or email us at info@TheSophiaInstitute.org.

Space is limited. Please reserve your place early by calling 843.720.8528 or email info@TheSophiaInstitute.org.



MARIANNE WILLIAMSON

Living Miraculously

April 24-25: Friday 6:30 PM • Saturday 10 AM - 5 PM

Tuition: \$275 by March 15 ~ \$325 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

During this special workshop with Marianne Williamson, one of the world's most respected spiritual teachers, you'll learn the basic principles of miracle-mindedness. By becoming what in *A Course In Miracles* is called a miracle-worker, you transform your life and the lives of those around you. By allowing the love of God to channel through your own consciousness, you break down all barriers to the healing of the world. Williamson has a uniquely hopeful perspective on this time in history, and works with her audience to delve into significant questions such as: What are the blocks to your highest good, and how can you remove them? What is your part in the divine plan for the healing of the world? Why is forgiveness the key to inner peace, and how can we apply its power? How can you yourself become a miracle-worker?

You'll come away with renewed faith that will bring strength and direction into your life.

Marianne Williamson has helped millions reconnect to their spirituality and find inner peace. Author of the "Powerful Beyond Measure" prose often attributed to Nelson Mandela, Marianne has written 10 books, including the number one *New York Times* best sellers *A Return to Love and Everyday Grace*. A popular television guest on such shows as Oprah, Larry King Live and Good Morning America, Marianne is the founder of the non-profit organization Project Angel Food and the co-founder of The Peace Alliance. Her latest book is *The Age of Miracles: Embracing the New Midlife*.

MAY



ANN IGOE AND ELIZA INGLE

Movement and the Creative Process: Workshop for Poets, Painters, Philosophers, and People

May 9: Saturday 10 AM - 4 PM

Tuition: \$75 by April 10 ~ \$95 thereafter

The physicists tell us that ALL is movement. Movement itself is held together by movement. The body is our receiver and/or our interpreter of movement. We have within ourselves the movement of conscious, sub-conscious, and even pre-conscious metaphors of the psyche. This movement is the raw material of all of our creative work. It is the movement of our emotions actually traveling through the body. Today we have become so intellectual and dependent upon the words of others that we neglect the innate wisdom of our own bodies.

This is a workshop that helps us get in touch with the very interior of our being and discover our creative force. We will be working specifically in the arts of poetry, painting, dance and music. Movement flows through the body and out into the rhythm of dance and music, the marks of painting, the words of poets. We will move, draw, listen, and speak. All is very easy and natural: no experience is necessary to participate.

Wear comfortable clothes, running shoes, and bring a sandwich for lunch.

Eliza received her BA in Dance from Middlebury College in Vermont. She continued her training at the Merce Cunningham and Erick Hawkins schools and performed and choreographed her work in the North and Southeast. She has been teaching Modern Dance at the College of Charleston for the past 12 years.

Ann has a MFA in Dance and has worked extensively as a dancer, choreographer, teacher and dance therapist. She has studied with many pioneers in the arts and sciences including Martha Graham, Jose Limon, Robert Bly, Stanley Zompakos and Joseph Campbell. Among other things she is a beloved teacher in Charleston, SC, her native state, of The Existential Leap Workshop.

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BOOKS AVAILABLE for purchase and autographing.



LEE IRWIN, CAROLYN RIVERS AND OTHERS

Sophia and the World Soul

May 15-17

Tuition: To be determined

This program is under development. Please visit our website for further details.

“We may consequently state that: this world is indeed a living being endowed with a soul and intelligence... a single visible living entity containing all other living entities, which by their nature are all related.” —PLATO, TIMEUS, 29/30; 4TH CENTURY BC

Join us to explore the divine nature of Sophia and her emergence as World Soul, the Anima Mundi, and as Gaia and the force for transformation and wholeness. To consider the convergence of many Sophianic streams of awareness that are at work, cultivating Oneness, rediscovering our interdependence with all living things. Awakening to Sophia is an esoteric and mystical process, regenerative and restorative both for us individually and for the planet as a whole. Sophia as the Soul of the Earth guides us to resacralize nature, restore the earth, green the wasteland within and without, divinize all matter, and to honor the Great Work of transformation. In this retreat there will be time for meditation and practice, cultivating mystical awareness, connection, inspiration, and revelation. The retreat culminates in a celebration of the Sacred Union and the implications of healing and wholing our world through the restoration and integration of the divine feminine.

Carolyn Rivers: Please see biography on page 1. Dr. Lee Irwin: Please see biography on page 1.



CAROL ANDERSON

A Feather on the Breath of God—The Remarkable Life of 12th Century Mystic Hildegard of Bingen

May 27: Wednesday • 6 PM • St. Stephens Church

Tuition: \$20 in advance ~ \$30 at the door *Sponsored with Piccolo Spoleto*

When I was 42 years and 7 months old, a burning light of tremendous brightness poured into my entire mind, inflamed my entire heart. A voice from heaven said to me, “Write what you see and hear.” Thus began the odyssey that took an obscure uneducated nun on a journey to become a 12th century author, poet, musician, healer, naturalist and prophetic voice for her time; her counsel being sought after by everyone from local peasants to the papacy of Rome, Elenor of Aquitaine and King Henry II. Carol Anderson portrays this woman of wisdom, wit and passion in an hour long presentation that is a wonderful theatre experience. Hildegard’s struggle to obey God’s voice in the face of the politics of her times creates a fascinating story of faith and courage.

Carol Anderson’s one woman show on eating disorders, “A Size 7 Forever,” was aired on PBS in 1991. After performances of the show at Harvard, Ohio Wesleyan and conferences across the country, she and husband Jim Shores formed a company called *Acts of Renewal*. She has toured a variety of shows nationally including *A Feather on the Breath of God; The Remarkable Life of 12th Century Mystic Hildegard of Bingen*. Carol has an MFA in Acting from UNC Chapel Hill where she also worked in PlayMakers Repertory Co.



CAROLYN RIVERS

Heart Callings

May 29: Friday • 10 AM - 5 PM

Tuition: \$95 by April 30 - \$125 thereafter

Please see retreat description and Carolyn’s biography on page 1.

JUNE



JACQUELINE KABAT

Comedy Improv – A Path Towards a Spiritually Satisfying Life

June 6: Saturday • 2 -5 PM

Tuition: \$50 in advance ~ \$65 at the door

Sponsored with Piccolo Spoleto

Improv comedy has become a wisdom tradition of its own and its lessons can bring out the best in us. Doing Comedy Improv is synonymous to life — we may feel insecure, but in the act of balancing we become alive! Get up and do something — try it, make mistakes, laugh, play and try again! This form of expression allows us to reach beyond ourselves in conventional life, reality, and consciousness, to access deeper ways of knowing and profound

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JUNE ~ continued

spiritual realizations. No performing experience is necessary, just the desire to unleash your self-expression and an interest in enhancing spontaneity in everyday life.

Jacqueline Kabat has studied, written and performed with *Second City's* Ann Bowen and *Upright Citizen's Brigade*. She performs with New York-based troupe, *Rash Behaviour*, whose sketches are featured in film festivals and television. Jacqueline also writes for *Time Out New York* and is featured in *Body and Soul Magazine's* October 2007 issue. She has taught throughout the country at Fortune 500 companies and at distinguished health spas such as The Deepak Chopra Center, Red Mountain, Sagrada Wellness, Cal-A-Vie and Lake Austin. Please visit www.jacquelinekabat.com.



RICK BROWN

Getting the Love You Want: Imago Relationship Therapy

June 27-28: Saturday 8:30 AM - 8 PM • Sunday 8:30 AM - 6 PM

Tuition: \$695 per couple

Please see retreat description and Rick's biography on page 4.

JULY



NANCY QUALLS CORBETT AND CAROLYN RIVERS

Mary Magdalene Re-Visioned

July 10-12: Friday 6:30 PM • Saturday 10 AM - 5 PM • Sunday 9:30 AM - 12 PM

Tuition: \$195 by June 10 - \$250 thereafter

Evening lecture: \$25 in advance, \$35 at door. Open to the public.

Who is Mary Magdalene—a penitent prostitute or a beloved disciple? How does she form our image of the divine feminine? Through comparative world mythologies we will explore what relevance her archetypal image, both sexual and spiritual, has to do with modern men and women as it pertains to sense of self and in relationship with others.

We will explore the sacred initiation of women. From the Villa of Mystery, Pompeii, murals depict the ritual of a Roman woman entering into sacred rites of Dionysus. This workshop will include the mythology of the god Dionysus followed by a discussion of the symbolic images as seen in the friezes. At each stage of this ritual initiation the relevance of these ancient mysteries is shown to depict the same development as in the process of individuation described by Jungian psychology.

Nancy Qualls-Corbett is a practicing Jungian analyst from Birmingham, Alabama. She is a diplomat of the C.G. Jung Institute in Zurich and the author of *The Sacred Prostitute: Eternal Aspects of the Feminine* and *Awakening Woman: Dreams and Individuation*. She is a contributing author to the recent book *The Secrets of Mary Magdalene*. She lectures frequently in the United States and Europe. Nancy combines her love of mythology and travels by co-leading seminar groups in Greece, Egypt, Italy and France.

Carolyn Rivers: Please see Carolyn's biography on page 1.

SEPTEMBER



GLORIA KARPINSKI

Poise in Chaos: Anchoring in Feminine Consciousness

September 11-13: Saturday 9:30 AM - 5:30 PM • Sunday 9 AM - 12 PM

Tuition: \$195 by August 10 - \$250 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

As the Universe steps up the planetary shift we are now experiencing, our life patterns are speeding up. You may ask, 'How do I support growth in my corner of the world with positive action, and at the same time accept that everything is as it should be?' Once awake and committed, we become caretakers of the new vision for our Earth. In order to stay poised and balanced in the Way during the chaos, we need to be both still and skilled. That vision asks us to become practical mystics whose inspirations are from the heavens and whose feet are on the ground.

During our retreat, we will look at twelve inner qualities in both their light and shadow aspects in order to better understand our strengths and challenges for the quest, examining practical skills for manifesting spiritual longings. Exercises and meditations are designed to provide tools for spiritual craftsmanship and to elicit from participants their person inner guidelines and symbols. We will attend to the reawakening awareness of the Feminine aspect of the Divine as essential for the next step in our evolution. It is through the feminine energy, the yin in both men and women, that we understand connectedness — of self to Self, of self to others of nations, races or species to one another. The restoration of the sacred feminine within human consciousness is the centerpiece in the new vision for our planet. It is inseparable from our awareness of the earth itself and all that lives here.

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PERSONAL RETREATS can be held anytime or can be centered on one of our sponsored events. Take time to process your work before returning to the demands of everyday life. Join us for a few days, a week or more.

BOOKS AVAILABLE for purchase and autographing.

Gloria D. Karpinski is a holistic counselor, spiritual director, teacher and author. For twenty-plus years, Gloria has taught all over the world for such diverse groups as psychotherapists, actors and doctors, in venues ranging from large conferences to colleges, churches and hospitals. Gloria is the author of *Where Two Worlds Touch: Spiritual Rites of Passage* and *Barefoot on Holy Ground: Twelve Lessons in Spiritual Craftsmanship*. In 1989, Gloria received a grant from the Laurence D. Rockefeller Fund for the Advancement of the Human Spirit. Please visit her web site www.GloriaKarpinski.com.



MARK NEPO

Being a Pilgrim: The Journey of Transformation, a Journey of Days

September 18-20: Friday 6:30 PM • Saturday 9:30 AM - 5:30 PM • Sunday 9 AM - 12 PM

Tuition: \$195 by July 31 - \$250 thereafter

Evening lecture: 6:30 PM, \$25 in advance, \$35 at the door

In every age, in every life, human beings have been challenged and blessed to find what matters and to be what matters. Along the way, we all fall in and out of clarity and confusion, aliveness and numbness, joy and sorry. Using Jungian analyst Helen Luke's notions of authentic living and Dante's legendary myth of the maturing that waits like a dark kiss in midlife, this retreat will explore the inevitable call of always waking more deeply into life. No pre-reading or prior experience necessary, only a beginner's mind and heart.

Mark Nepo is a poet and philosopher who has taught in the fields of poetry and spirituality for over thirty years. Nominated for the Lenore Marshall Poetry Prize, he has written several books. His recent works include a book of spiritual nonfiction, *Facing the Lion, Being the Lion: Finding Inner Courage Where It Lives* and a new book of poetry and prose, *Surviving Has Made Me Crazy*. As a cancer survivor, Mark is committed to the usefulness of daily inner life. Through both his writing and teaching, he remains devoted to the life of inner transformation and relationship. For 18 years, Mark taught at the State University of New York at Albany. He now serves as a Program Officer for the Fetzer Institute in Kalamazoo, Michigan, a nonprofit foundation devoted to fostering awareness of the power of love and forgiveness in the emerging global community.

OCTOBER

A SPECIAL DOCUMENTARY FILM SCREENING

FOLLOWED BY A DIALOGUE WITH
SERA BEAK AND VELCROW RIPPER

Fierce Light: When Spirit Meets Action

Location: *To Be Determined, please see our website for updates*

Admission: \$25 in advance; \$35 at the door

This stunning feature documentary takes us deep into the heart of the exciting movement of spiritual activism that is exploding around the planet. Featuring Archbishop Desmond Tutu, Thich Nhat Hahn, Daryl Hannah, Julia Butterfly Hill, Alice Walker and Sera Beak. Followed by a discussion with director Velcrow Ripper, and Sera Beak. Includes a sneak preview of Fierce Light Films upcoming feature doc, "Redvolution: Dare to Disturb the Universe", co-directed by Velcrow Ripper and Sera Beak.

Morning Session



SERA BEAK

Red Ignition: Calling All Spiritual Super Heroes and Heroines!

October 3: Saturday • 9:30 AM -12:30 PM

Tuition: \$50 by September 3 - \$75 thereafter. Both: \$95 by September 3 - \$125 thereafter

Through creative exercises, intuitive journaling, fiery meditation, and lively discussion we'll explore various ways to ignite our divine spark and activate our unique spiritual super powers so we can be of authentic service. After all, we're not here to play small, we're here to save the world...and create some delicious divine mischief along the way. Please bring a journal, an open mind, and a sparkling sense of humor.

Sera Beak is a Harvard-trained scholar of mysticism and comparative religion and an intrepid Spiritual Cowgirl who's spent the last dozen years traveling the world exploring spirituality. She's the author of *The Red Book: A Deliciously Unorthodox Approach to Igniting Your Divine Spark* and co-director of the upcoming feature documentary, *Redvolution: Dare to Disturb the Universe*. Check out: www.serabeak.com and www.spiritualcowgirl.com.

Afternoon Session

VELCROW RIPPER

Fierce Light: When Spirit Meets Action

October 3: Saturday • 2 - 5 PM

Tuition: \$50 by September 3 - \$75 thereafter. Both: \$95 by September 3 - \$125 thereafter

This fierce workshop explores the power that is released when spirituality is combined with action, tapping into what Gandhi called “Soul Force” and Martin Luther King called “Love in Action.” Featuring dynamic “engaged spirituality” practices and meditations, the workshop will offer key tools to help you move from merely surviving these challenging times to thriving, by unleashing your own “Fierce Light.”

“If anyone can find the silver lining in a mushroom cloud, it’s this astounding thoughtful filmmaker.”—The National Post. Acclaimed filmmaker Velcrow Ripper creates powerful, cinematic documentaries that deal with the central issues of our times. His more than thirty films include the multi-award winning feature documentary, *Scared Sacred*, about the search for hope in the ground zero’s of the world. (Special Jury Prize, Toronto International Film Festival) and the newly released *Fierce Light*. www.fiercelight.org



MAUREEN MURDOCK

The Heroine’s Journey: Woman’s Quest for Wholeness

October 9-11: Friday 6:30 PM • Saturday 9:30 AM - 5:30 PM • Sunday 9:30 AM - 12:30 PM

Tuition: \$195 before August 21 - \$250 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

In this workshop, Maureen will explore the nine stages of this psycho-spiritual journey for women which redefine the heroic quest for women. The journey entails an initial separation from feminine values, seeking recognition and success in a masculine-defined world, experiencing spiritual aridity and death, and turning inward to reclaim the power and spirit of the sacred feminine. The final stages involve an acknowledgement of the union and power of one’s dual nature for the benefit of all humankind. Throughout we will explore the rich territory of the feminine psyche and open an understanding of feminine development that relates not only to personal transformation but cultural transformation as well.”

Maureen Murdock is a Jungian-oriented psychotherapist in private practice in Santa Barbara, CA. She was Chair and Core Faculty of the MA Counseling Psychology Program at Pacifica Graduate Institute in Santa Barbara and teaches workshops throughout North America. She is the author of the best-selling book, *The Heroine’s Journey*, as well as the newly revised *Fathers’ Daughters: Breaking the Ties that Bind; Unreliable Truth: On Memoir and Memory; Spinning Inward: Using Guided Imagery with Children*; and *The Heroine’s Journey Workbook*. She edited an anthology of memoir writing entitled *Monday Morning Memoirs: Women in the Second Half of Life* and her books have been translated into over a dozen languages. Her article, “The Irish American Psyche” appeared in Spring Vol. 79, 2008. Her website is www.maureenmurdock.com.



CAROLYN RIVERS

Heart Callings

October 16: Friday 10 AM - 5 PM

Tuition: \$95 by September 15 - \$125 thereafter

Please see retreat description and Carolyn’s biography on page 1.

RICK BROWN

Getting the Love You Want: Imago Relationship Therapy

October 17-18: Saturday 8:30 AM - 8 PM • Sunday 8:30 AM - 6 PM

Tuition: \$695 per couple.

Please see retreat description and Rick’s biography on page 1.

Plans are developing for a pilgrimage to France to sites where Mary Magdalene and the Black Madonna are honored. Tentative dates: October 26-November 4. Limited to 15-20 participants. Please email us if you are interested and want further details.



ERICA ARIEL FOX

Beyond Yes: Turning Breakdowns into Breakthroughs

November 13-15: Friday 6:30 PM • Saturday 9:30 AM – 5:30 PM • Sunday 9 AM – 12PM

Tuition: \$195 before September 30 - \$250 thereafter

Evening Lecture: 6:30 PM, \$25 in advance; \$35 at the door

All of us negotiate every day. From the moment we wake up until we close our eyes at night, we interact with others to get things done. For many of us, the hardest negotiations involve conflict. Whether we fight back, shut down, or avoid conflict altogether, breakdowns with other people rarely bring out our best skills or better nature.

The Beyond Yes Method is based on over a dozen years of teaching negotiation at Harvard Law School and training thousands of people around the world to transform conflicts. This professional training and personal journey explores the interplay between best practices of negotiation and insights of the great wisdom traditions, moving people from competence toward mastery. During this exciting weekend, you will learn how working with timeless principles and your own life story can deepen and expand your effectiveness to engage and resolve tough conflicts. From working well with clients and colleagues to living well with your family and friends, this program gives you insights and skills to turn stressful situations into success and satisfaction.

Erica Ariel Fox, J.D., is a Lecturer at Harvard Law School and the Founder of the Global Negotiation Insight Institute. She is internationally known as a pioneer in the integration of wisdom traditions and spiritual practice into the negotiation and conflict resolution field. She is passionate about the connection between personal mastery and high performance. As a partner of Mobius Executive Leadership, Ms. Fox works with Fortune 500 companies as well as public sector leaders to build consensus, facilitate change, and transform crises into opportunities for growth. She is currently completing her first book, *Beyond Yes*, based on a dozen years of teaching negotiation at Harvard Law School and over a decade of training professionals around the world, including in Asia, the Middle East, Africa, and Latin America, throughout Europe and across the United States.



STEPHANEY ROBINSON AND ILEANA SHANER

Fire, Bones and Wings

November 20-22: Friday 6:30 PM • Saturday 9:30 AM – 5:30 PM

Sunday 9:30 AM – 12:30 PM

Tuition: \$195 by September 15 - \$225 thereafter

Fire, Bones and Wings are three symbols rich in meaning. By delving into this three-part process we can access the alchemical power that is available to us in our daily lives. Using body movement, dance, creative artistry, meditation, storytelling and ritual we uncover desire, depth and freedom for self and planetary transformation.

FIRE asks us to purify and release what is no longer working and to ignite new and heart-felt desires. Fire is a catalyst for change and growth.

BONES claim the desire released by fire and pulls it within, to our depth, deep within our being. Bones support our human structure and provide the skeleton of our physical form allowing us to express and define ourselves to our boundless potential and deepest knowing.

WINGS provide us with freedom to release and soar. With trust we gain confidence to soar on wings of faith and intuition. We discover a lightness of spirit, an angelic compass that allows us to surrender ourselves and go forward with a clear mind, invigorated body and free spirit.

Stephaney Robinson is a Nia Black Belt and one of only 16 trainers in the technique. She facilitates teacher trainings, classes and workshops worldwide including Trinidad and Australia. Her primary focus is teaching creativity and healing through body movement. Her workshops and classes are filled with humor and joy in a non-competitive environment. Her focus is on planetary healing, one body at a time. She lives on a small island in coastal South Carolina.

Ileana Shaner is a martial artist, pianist, and jewelry designer. She holds two Masters Degrees in Music and Piano Performance and is a 4th degree black belt in the Japanese martial art of Shinshin Toitsu Aikido. She is also an Associate Lecturer for the International Ki Society. Her lifelong quest for realizing oneness of mind, body and spirit is the inspiration for her practice, teaching and life. Ileana resides with her husband and children in Greenville, SC. www.nianow.com

As we go to print... Some events are still in the planning stage.
Register on-line for e-newsletter and further details.

ECUMENICAL EVENINGS ~ *Living Your Truth*

The Sophia Institute's Ecumenical Evening series, *Living Your Truth*, developed by Stephanie Hunt, Barbara Hagerty and Deborah Milling, is a monthly series about living YOUR truth; it is about hearing from those on the front lines who bravely and gracefully live the truth of their hearts into formidable lives; it's the hope that we will, too. Our speakers are portraits of courage and also of beauty, speaking to us personally and passionately, speaking in dance and poetry and politics and faith, of all that matters, most to them. We are honored to have such seasoned artists, advocates, and allies challenging us to live vibrantly — voices that shape the world. Please join us for this series — free and open to all — Sophia's gift to the community. Donations accepted.

STEPHANIE HUNT

Parenting as Soul Work

February 26: Thursday 7 PM • The Studio: 297 East Bay Street

There's nothing like parenting to push you to the edge of joy and frustration, exhilaration and exhaustion, hope and fear. It requires confronting the essential questions. Join us to consider parenting as a spiritual practice, exploring how we can mindfully, authentically and consciously honor the work of soul-shaping, for us and our kids.

A panel discussion led by Stephanie Hunt, a mother of three, writer and Vanderbilt Divinity School graduate.

VINATI DEVANE

Journey to Zen

April 2 • Thursday 7 PM • The Studio: 297 East Bay Street

Vinati DeVane, a Zen Buddhist priest serving as Head of Zendo on the staff of the Chicago Zen Center, will bring us along on her journey from her Presbyterian background in Charleston to a life of service to both the Buddhist community and the greater community in Chicago. Her journey will allow us to absorb some of the thinking and concepts inherent in Zen Buddhism, so that we ourselves may get a taste of the work of the Buddhadharma.

Other programs are under development. Check our website for details.

ONGOING PROGRAMS

SHARON MARTIN

The Language of the Soul: Jungian Concepts for Daily Living

Sunday Evenings: January 25, February 15, March 15, April 19th • 7 PM

\$20 in advance; \$30 at the door

Jung felt that our greatest problem is the enormous chasm between the conscious and the unconscious mind. In order to bridge this division and thus become more whole, we need to understand the symbolic language of the soul. Dr. Martin will present some of C. G. Jung's most fascinating ideas, not as philosophical concepts, but as living realities which have a deep impact on our everyday lives.

Sharon Martin was born and grew up in the Deep South, where she developed an acute interest and sensitivity to the relationship between culture and gender. She received both her bachelor's and master's degree at Emory University in the Psychosocial Nurse Practitioner program, obtaining advanced certification as Family Nurse Practitioner and Psychiatric Clinical Nurse Specialist. She is a 2005 graduate of the C. G. Jung Institute Zurich. She has a private practice as a Jungian analyst in Charleston where she lives happily with her inner partner, two amazing sons and their valiant golden retriever. www.jungiananalystsc.com

CAROLYN RIVERS

Women's Circle

1st Tuesday of the Month - February-May • 4 - 5:30 PM (*Program may be continued in the Fall*)

Tuition: \$20 per session

There is a new consciousness; you could call it a Feminine Consciousness, emerging in our time. This consciousness represents a recognition and claiming of the other half of the Divine nature, the Feminine nature that directs us into our hearts, into the intuitive use of mind, to relatedness and caring for all things and our earth, to feeling, to wisdom, to beauty, to empathy and compassion, ultimately to the web of life itself and to the recognition of our oneness with all things. This impulse, when balanced with the masculine divine nature, the use of logic, reason, and action, creates a harmony, balance, and integration which results in healing and wholeness. Ultimately, it is about our own journey to find a feminine spirituality that affirms our own lives, our personal relationships, our work, our sense of self. Join us to explore, study, learn, deepen, transform and to align yourself with your own true nature.

Carolyn Rivers: Please see biography on page 1.

Classes and series are under development for meditation, dreamwork, a series with Francine Bray, a symposium with Len Young, "Awakening the Dreamer," and Writing and Creativity Forums. Check our website, register online for e-newsletters and further details.

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PERSONAL RETREATS can be held anytime or can be centered on one of our sponsored events. Take time to process your work before returning to the demands of everyday life. Join us for a few days, a week or more.

BOOKS AVAILABLE for purchase and autographing.

PHOEBE PEMBER HOUSE

THE HOME OF THE SOPHIA INSTITUTE

OFFERS ACCOMMODATIONS FOR RETREATS AND EVENTS

Phoebe Pember House offers accommodations and retreat space in beautiful and sacred surroundings. Our tranquil gardens and peaceful spaces provide the opportunity to reconnect with yourself or a loved one, recommit to a calling or expand your spiritual journey. Add personal coaching, a yoga class, a private practice with one of our instructors, or a healing massage to help make your experience complete. Come join us for a week, a month or a few days and see where your journey takes you.

All rooms are beautifully and individually appointed with private baths for single or double occupancy. Share a room with another retreatant or enjoy your own private room. King, queen, and twin size beds available. Private, complimentary on-site parking is available for our guests. Continental breakfast suitable for a variety of dietary needs is included in your stay.

Personal retreats are available, and as a follow up to our sponsored events. Extend your stay with us into a personal retreat. Take time to process your work and delve more deeply into your own heart before rejoining the demands of everyday life. Join us for a week or even longer. Please inquire for more information. Self-catering options available. Spaces for groups are also available.

For more information, call (843) 722-4186 or email info@phoebepemberhouse.com.



YOGA & NIA CLASSES

Daily Yoga classes and weekly Nia movement classes are offered in our Studio. For current schedule and pricing, please see our website www.TheSophiaInstitute.org. Also, check our website regularly for retreat updates, special events and additional programs.

REGISTRATION

ONLINE REGISTRATION IS ACCEPTED VIA OUR SECURE SERVER AT www.TheSophiaInstitute.org

To register by phone, please call 843.720.8528. Please be sure to have all of your registration information, including your debit, Visa or MasterCard handy before you call. Phone registrations are accepted Monday - Friday from 9:30AM- 3:30PM. Personal checks are also accepted. *3% handling fee for all credit card transactions. Registration is not final or confirmed without payment.*

CANCELLATION AND REFUND POLICIES:

A full refund, less a \$50 processing fee will be made for cancellations made on or before the close of business 30 days before the start of the program. Cancellations made 15 - 29 days prior to the program will receive a 75% refund less a \$50 cancellation fee. Cancellation two weeks in advance of the program will receive a 50% refund less a \$50 cancellation fee. No refunds will be given for cancellations less than two weeks in advance or if you fail to attend.

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